

2017

2/EDN-C 205

(July)

EDUCATION

Course No. : EDNC-205

Mental Health Education

Full Marks: 37 ½

Time: 1 ½ hours

The figures in the margin indicate full marks for the questions

Answer Question No. 5 and any **two** from rest of the questions.

1. Explain the concept and objectives of Mental Hygiene. Describe the various factors affecting mental health. 8+7 = 15
2. Explain the concept of Normality and Abnormality. Classify the different types of abnormal behavior. 10+5 = 15
3. What are Behavioural Therapies. Describe any two Behavioural Therapies to treat mental disorders. 9+6 = 15
4. Explain the principles of good mental health. Describe the role of school in maintaining good mental health. 7+8=15
5. Write short notes on any **one** of the following 7 ½
 - (a) Technique of Psycho-Analysis.
 - (b) Criteria for a Mentally Healthy Person.